

# STOP, please consider...

## COVID-19 (coronavirus)

Have you travelled overseas in the last 14 days?

Do you have a fever, shortness of breath  
and/or sore throat?



**USE THE PHONE FIRST -**

please do not visit your  
doctor or general practice  
unannounced

Please call **0800 358 5453**  
to determine whether you need to see  
a health professional